

**BOROUGH OF MOUNTAIN LAKES
COUNTY OF MORRIS, NJ**

**HEALTH COMMISSION MINUTES
May 3, 2022**

1. CALL TO ORDER

The meeting was called to order at 5:44p.m. by Ms. O'Leary.

2. ROLL CALL

Commission members Dr. Barbara Girz, MJ O'Leary, Dr. Katherine Roberts, Dr. Salari were in attendance, as well as Health Officer Mike Fitzpatrick, Assistant Health Officers Sarah Perramant and Amy Monaco Board of Health Secretary Cara Fox and Council Liaison Chris Richter. Commission Members Dr. Stephen Leviss, Deb Shertzer and Mark Toppel were absent.

3. PUBLIC COMMENT

With consent of the Commission, Chairperson O'Leary opened the meeting for public comment. There were no members of the public present who wished to address the Commission.

4. APPROVAL OF MINUTES

Motion made by Ms. O'Leary, second by Dr. Roberts, to approve the Health Commission meeting minutes from January 25, 2022.

5. BOROUGH UPDATE

There was no update.

6. HEALTH OFFICER REPORT

Mr. Fitzpatrick reviewed his reports from January through April 2022. He provided an update on how the Health Department is handling the Covid-19 Pandemic. The Commission asked questions to Mr. Fitzpatrick, and he answered them.

7. COMMISSION DISCUSSION

Ms. O'Leary provided an update on what the Stigma Free subcommittee (Ms. Leary, Dr. Roberts Ms. Shertzer and Mr. Toppel) has been doing and reported that the subcommittee would like to come up with an outdoor activity that residents can do to encourage good mental health. The commission had a discussion and determined that they would like to focus on a trail walk where residents could win a prize. The subcommittee will schedule a meeting to discuss the specifics of the trail walk.

8. ADJOURNMENT

Motion made by Ms. O'Leary, second by Dr. Roberts, to adjourn the meeting at 6:11p.m. with all members in favor signifying by "Aye".



**Cara Fox
Board of Health Secretary**