

**BOROUGH OF MOUNTAIN LAKES
COUNTY OF MORRIS, NJ**

**HEALTH COMMISSION MINUTES
August 20, 2019**

1. CALL TO ORDER

The meeting was called to order at 5:36p.m. by Ms. O'Leary.

2. ROLL CALL

Commission members Mr. Kevin Duvall, Dr. Barbara Girz, Dr. Stephen Leviss, Ms. O'Leary, Dr. Stillman were in attendance, as well as Health Officer Mike Fitzpatrick, Board of Health Secretary Cara Fox and Council Liaison Cynthia Korman. Commission Members Dr. Marla Leen and Ms. Kelly Walsh were absent.

3. PUBLIC COMMENT

With consent of the Commission, Chairperson O'Leary opened the meeting for public comment. There were no members of the public present who wished to address the Commission.

4. APPROVAL OF MINUTES

Motion made by Dr. Girz, second by Mr. Duvall, to approve the Health Commission meeting minutes from August 23, 2019.

5. BOROUGH UPDATE

Ms. Fox reported that the Borough Council appointed Commission Member Walsh to Full Member (term expires 12/31/20) and Dr. Stephen Leviss to Alternate Member (term expires on 12/31/20).

6. HEALTH OFFICER REPORT

Mr. Fitzpatrick reviewed his report. He reported Mountain Lakes Bagels had a complaint of glass found in a bagel. No one was injured and he believes the glass came from the baking flour. The batch of bagels that used the contaminated flour were thrown out. Mr. Fitzpatrick advised that all lake and pool test results were normal. He also reported that the Wildwood School kitchen remodel plans were approved, and the Sunrise Living Senior Facility plans were reviewed.

7. COMMISSION DISCUSSION

Ms. O'Leary updated the Commission on the Stigma Free Subcommittee findings. The subcommittee consisted of Ms. O'Leary, Ms. Walsh, Mr. Duvall and Ms. Korman and they met to research what it means to be a Stigma Free community and how to raise awareness. The subcommittee proposed a 3 Phase approach to the Stigma Free Initiative. The 3 Phase Approach is attached. All members were in favor of the 3 Phase approach and agreed to first focus on Phase 1, putting content on the Borough website. Ms. O'Leary will finalize the content for the website and send to Ms. Fox so it can be put on the website.

8. ADJOURNMENT

Motion made by Dr. Stillman, second by Dr. Girz, to adjourn the meeting at 6:37p.m. with all members in favor signifying by "Aye".

**Cara Fox
Board of Health Secretary**

Mountain Lakes Stigma Free Initiative

Phase 1

Build out content on mtnlakes.org

- revise language connected to stigma free icon which also serves as the lead in language on the stigma free landing page
- add information on what it means to be a stigma free community and the stigma free initiative
- add links to external resources, support and events

Phase 2

- inform the community (specifics TBD)
- drive people to the information on mtnlakes.org
- place stigma free postcards in visible places
- encourage more dialogue
- monitor traffic, listen to questions, and integrate feedback

Phase 3

- encourage more school programs/awareness of resources
- outreach to town clubs and organizations / awareness of resources