Come be a part of Laker Field Hockey!

Kindergarten - 8th Grade
Beginners of all ages welcome

Mountain Lakes Recreation Presents

JUNIOR FIELD HOCKEY PROGRAM
MOUNTAIN LAKES - BOONTON TOWNSHIP

WEEKDAY PRACTICES at MLHS side field
Grades 5 - 8: Tuesdays and Wednesdays 5:30-7:00pm ($200)
Grades 3 - 4: Tuesdays 5:30pm-7:00pm ($125) (10% Sibling Discount)

SATURDAY GAMES:
The 5th/6th grade team and 7th/8th grade team play in the Northern NJ Field Hockey league which requires travel to other towns around Morris County. There are approximately 8 games, ending in November. Home games are played at MLHS side field.

ONE AND A HALF HOUR SUNDAY CLINICS at Wilkins turf field (ML):
This session includes skills instruction, fun intramural games and 7-a-side games for grades 3 - 8.

INTRO TO FIELD HOCKEY PROGRAM:
Grades K - 2nd: Sunday 12:15pm-1:45pm ($70)
A great way to get introduced to the incredible game of field hockey!

What to Bring:
- Hockey Stick
- Mouth guard
- Shin guards
- Goggles
- Cleats (optional but helpful on grass)

We have sticks available for player.

For questions, please email Audrey Lane at Alane@mtnlakes.org